

**104<sup>th</sup> May Call Celebrations, Bangalore**  
**Discourse 3 by Master K. Parvathi Kumar**  
**28<sup>th</sup> May, 2013**

Hearty fraternal greetings to all the brothers and sisters.

For man, mind is the chief playground. Mind is the field where he plays, where he fights, where he looks for enjoyment, where he also looks for happiness and contentment. The very word man comes from the Sanskrit root “Man” and we are all called Manushyas, which means descendants of Manu. The present Manu is called Vaivasvata. The quality of Vaivasvata Manu is to think, to plan, to ideate and to work. The Manu preceding this Manu was called Chakshusha Manu. In that Manvantara, we were all having the 3<sup>rd</sup> eye. That means, we had better vision than what we have today. Today that vision is not because during the Chakshusha Manvantara when we were endowed with the foresight, we did not do well. When facilities are offering to the undeserving, normally those facilities are abused. Consequently there are problems. If one grows enough to buy a car by himself, he would use it with responsibility. If one buys a car to a son, who is not yet deserving, he would make accidents with it. Just like we do mistakes, in the higher circles, out of sheer love for humanity, they also do such mistakes. They found that Men are not yet ready to be given the 3<sup>rd</sup> eye and it is better that they acquire it. When it is given, there is no value but when it is acquired, there is a value. When parents give us property, we don't see value in it but if it is gained through self-effort, it has greater value.

So during the Chakshusha Manvantara, there was the related wisdom and higher magic and consequently people could gain access to celestial things, and they were being like spoilt children. The example is the Atlantis which is sunk because the humanity did not deserve the high wisdom. With that that Manvantara came to an end and Vaivasvata Manvantara has come to be where man has to think. He should make a plan about it and execute it in a place, in a time. He should receive the first impulse. What am I to do? What am I not to do? In this Manvantara, all this process is necessary to develop an intuitive mind and then gain the 3<sup>rd</sup> eye. There should be a know-how. That is what we call knowledge. When you receive an eye, the related knowledge has to be acquired and the related work has to be done in time and in place. So this ideation has become a major function with every human being. You should not just be a good thinker but also should be able to detail into a plan of action and also perform it. These 3 have become very important in this age called the Aryan age.

In this age, mind plays a major role. Mind is the point for descent and also the point for ascent. That is why man is said to be a replica of the Cosmic Person. He can move into higher levels as well as lower levels. He can fly like a bird as well as swim in the waters. He can match any species in this creation. He can swim faster than fish or fly faster than a bird. All possibilities are potentially installed in the mind. But unfortunately we do not use our mind. We are required to develop the potentials of our mind as much as possible. As much as the mind expands to experience, the mind can also receive the light of Buddhi is the basis for the mind to function. The light is Buddhi is in the mind and that area is lighted. This light when withdrawn, the mind goes to sleep. The man is still there pulsating. This light from Buddhi gives so much potential for the mind to explore. Therefore mind is seen as a great facility. Only man has it because the devas work in the light of Buddhi and they are impersonal. They cannot touch down upon earth. There are no facilities for the animals to lift themselves up. Man can rise up to any plane. Potentially he is an angel but he can also become a diabolic. The Buddhi that we speak of, the light of the soul, is the light of Mercury, and the man himself is called the Sun, the Sun and its light, and that light is called Manu. That light is reflected on the instrument of man, the mind. We

are souls and we have a playground called mind. We are not the mind. We enter the mind at the moment we wake up. We are not in mind at the moment we sleep. So your mind should be seen as the true playground. That is the field of action. Indra is the divine mind from whom Arjuna was born. So Arjuna is a descendant of the 5<sup>th</sup> principle called the mind. He can reflect well. He has a balanced approach. He can think well and he is the middle one among all the brothers. He is fiery in nature. He delivers the beings with the help of Lord from the field of battle.

There are 2 armies gathered in the field. One set of those who always think of themselves and their welfare called Mamakas (Kauravas). Pandavas are the ones who think of light, and they work for dharma and for the welfare of others. In a human society there are the 2 groups. Kauravas are the ones who work for themselves.

The 2 principles are also present in man. Man can work for himself or for others. When you are oriented for others' welfare, you are on the side of light (Pandavas). When you are oriented in relation to what it means to you, then you are on the dark side (Kauravas). Mind has the illumined side and also the dark side. So there is the related duality. It may mean pain to you but it is pleasure to others, do you do it? If it means profit for others but not for you, do you do it? These are the questions that matter. Pandavas have taken to pain, discomfort and they have taken losses for the sake of righteousness. Rama stood in pain for the sake of dharma.

For the sake of comfort, profit, if you are on the other side, you are said to be in darkness. The consequences of being in darkness are higher than you being in light. Our existence has been of some help or purpose to the surrounding life. Otherwise it is all darkness. This darkness from time to time tries to dominate the light. The light has to sustain itself. That is where the duality is. The duality in us is selfishness vs selflessness. Selflessness means, you need not completely forget your existence. There are such ones as well but it is a very exalted situation.

Whatever you do, you should see whether you are contributing to the society or not. You need not change your vocation. Every vocation can offer something to the society. There can be engineers, writers, poets, singers, etc. In any way the question is, "Are you contributing to the society?" There are writers who write but it may not mean anything to the society. It may be any vocation but the question is, does it mean some tangible good for the society? That is where you say, "The hand that works for the society is much more valuable than the mouth that speaks morals". Morality has to be in action. Anything can be a contribution to the society.

A doctor can contribute by healing the sick. A teacher can contribute by educating children. But is the doctor more concerned about the fee or hearing? Is the teacher more concerned about the salary or the teaching? This is what matters. The seers view is that you don't have to change your profession to serve the society. In whatever vocation you are, just see the way in which you can contribute to the society through the profession. But in all this activity, there is return to us. Do not be more oriented towards the benefit that you get from your profession. Do not even look for the result. The process is more important, the result is bound to come in one or the other way. In our jobs, how much money do we receive is of secondary importance to a student of Yoga. What is my contribution towards my profession, is more important.

The Yogic path is a middle path by which you remain neutral and uphold the law. You support only the law and neither divine nor diabolic. There are such stories in the Puranas. Mistakes are not supported but for those who repent over their mistakes, they are supported to come out clean and move forward.

If you see the birth stars, there are divine, diabolic and human stars. If you are born in a diabolic star, it does not mean you are diabolic in nature. If you are born in a diabolic star, you have great ability to manifest. If you are born in a star, where it has the characteristics of divine nature, you have the capacity to dematerialise. To manifest is a facility and to dematerialise is also a facility. Both are facilities. Master CVV is born in Dhanishta which is considered to be a diabolic star. Diabolic means, he enables the higher energies to be manifested on the planet. The energies are to be anchored on the planet so that people can use them and get elevated. Master EK was born in a star of divine category. So he helps beings to move up in their awareness. He cannot so much help in establishing things. It is not his work basically. Establishment is Dhanishta. Uttara Phalguni of Master EK can lead you to light. Similarly Master MN was born in Rohini which is also a diabolic star. He enables manifesting. Similarly Krishna was also born in Rohini and he enabled manifestation of lot of knowledge on the planet so that the beings in Kali Yuga are not in utter darkness. The Gita that he gave and then the initiations that he gave to Veda Vyasa and Maitreya enabled manifestation of great light on the planet, without which there would have been no light in this age.

Mind is the playground where you have the 3 possibilities. You can tend to diabolic or divine or neutral. You can tend to be beastly as well. If you slip from mind to senses, you tend to be sensuous and lusty like an animal looking for mating and eating. Thinking is an additional aspect given to man.

Humans are to use the greatest facility given to man, that is the mind. That is why he is called man. In that platform, there are lot of forces at work. There are seemingly opposite forces at work. For every kind of work, there is the contrary. There are programmes of health and programmes of ill health. There are programmes for action and inaction. Similarly programmes for knowledge and ignorance. You see that in the entire world. There are as many nourishing trees as many as the poisonous trees. Poison we use for medicinal purpose. Nourishing fruits you take on a daily basis. This kind of knowledge is needed. There are self-contradicting activities in the world. There are forces of darkness and forces of light at work. The former are far greater in number than the latter. That is why it is depicted by the 18 squadrons of armies at work. 13 squadrons belong to dark forces and 5 squadrons belong to light forces. That is why we fall an easy prey to unhealthy habits. We are easily attracted to unhealthy and self-destructive activity.

So how are you to balance yourself? You need to bring more light into you to balance the darkness that is dominating you. That is what I mentioned about our food habits in the morning. How gradually darkness is entering into our food and drink habits? Even into our other habits. There is no time for health. Children have no time for play in schools. They are always occupied with studies. So unconsciously darkness is entering the field of action. During my time, there was enough time to play, during the time of my children, the time was not enough to play and at my grandchildren's time, there is no time to play. If at all they play, it is with some idiot boxes. It can be a television, laptop, Ipad or mobile. You don't leave it and it doesn't leave you. Whenever you are free, you stop thinking.

There is no communication with the life surrounding. Every man holds a laptop and he thinks it to be a fashion. This tendency has to change. Otherwise it means that you are getting into a sickness. You have to interact with the life energy around you. Relate to it. Relating is important. Even children spend so much time with mobiles. There is a way to attract people to these things not knowing what it is.

The movement of images is also very fast. If you see the old movies and new movies, you find the difference is the speed of movement of pictures. Unconsciously the generation has tended to be hyperactive. So for a hyperactive person, normal speed is slow. If you show Satyajit Ray's movies to this generation, they don't stay in the cinema hall for 15 minutes. They have a great message. Today's love stories in movies involve more of lust than sacrifice. Any movie of sacrifice is an utter flop today. It is not appreciated because people have conceded a lot of ground towards diabolism. It enables you to slowly disconnect between one human and the other. That is the beauty of Kali age.

Kali has the ability to make every person feel very separative. In such a collective human society like Bangalore, no one is worried about the neighbour. There was such communion and communication that each one knows the pain of the other, the pleasure of the other but now when you tend to be separate, you are weakened. Even in a house, each one is in his own room. They seldom exchange views or exchange ideas. Everyone is busy in their own way and with no communication. There is no way to exchange ideas with the next generation because they are busy with their laptops and Ipads. All are reduced into machines. There is a money making machine, there is a house keeping machine. Is that a family? Do the children learn the values from their elders? Communications, we say, they are at the highest today, only technologically but human-wise they are the lowest level. How much time do you spend talking to your spouse? If you don't have to talk and understand each other, how can you run a family? Ayurveda says, let there be a half an hour of talk between the man and the wife every day in the morning.

So mind can divide or synthesize. People are so divided that they are more relating with the animals than humans. It is much more so in the West and it is picking up in the East now. Sharing with humans is gaining energy but sharing with animals is losing energy. When you are more relating to an inferior energy, they draw your energy. You can share your energy but first you should know how to receive. Otherwise your energy tends to be inferior. Relate to the human first and if you still have time relate to animal and plant. This is the order given. Relate to the semi-divine or to the divine. You are reinforced then. This is how the science of relations and communications works. We call it a group but there is no communication in the group. Family group or groups like ours, how much is the communication at the personal level - that cements. To gain collective consciousness is more important than to gain separative consciousness. The teacher above all feels helpless if the student is self insulated. Nothing can be transmitted to him. That is why it is said "We should be prepared to listen from all the 10 directions". Also keep a filter, as you keep receiving information. Receive only useful information. This discrimination in the mind can retain the light in the mind, given by Buddhi. Otherwise the dark forces gradually dominate.

So mind is the place where you can turn to be a divine or diabolic or even a neutral force. These are the 3 possibilities. You can also tend to be a beastly force. It runs after every mundane thing in this world. There can be thousands of good things on earth but is it relevant to you? Does it help to in expanding your consciousness, awareness? In which it is helpful to me to help others? These are the 2 measures.

That is where Bhagavad-Gita has come to be. Bhagavad-Gita is a teaching of Narayana to Nara. Nara is the indestructible one. Narayana means the one who creates and lets the beings into creation to experience, to rejoice, to enlighten, to fulfil and to come back. He puts us into a cycle called Ayanam. The life forces and the forces of awareness are in continuous upward and downward movement. They are called Ayanas and the one who conducts them is called Narayana. He conducts them for the experience of beings.

All beings do not know that they do not die. Beings are by nature indestructible. But every being experiences death. We started as Naras and later became men. We are beings to start with and later became men as we are endowed with mind. Mind is facility and it can be abused. Mind is the junction from where man can be there, fall or rise. Until one becomes a man, nature conducts evolution and involution. Man has self-consciousness and Nature has given man an opportunity to self-evolve or even self-devolve. So these are the possibilities. If you follow the law, you move forward to the higher fields of light without losing your mind. Please remember that. Mind needs to die on the way. Mind has to be transcended. To reach a higher floor, you need not destroy the lower floor. You can remain in the higher floor and come to the lower floor whenever required. Every Master of wisdom has a mind just like us but they use their mind as a platform to demonstrate love, will, knowledge and intelligent activity, remaining above. It is the field. We too have to use the field like that. That is what is called expansion.

Expansion means, wherever you are, you are permeating further without displacement. Consciousness can expand to be in connection with Para Brahman and even with the Buddhi and mind. There is a vertical expansion. As you expand, your comprehension grows and you are better able to do things. You can also do multiple things. If our mind is engaged with one, it cannot engage with another activity. Masters of Wisdom can perform 10 things simultaneously and at the desired speed. It is ability. You can easily get there through appropriate training of your mind.

You cannot just hang around to one thing because mind's ability is very high. It is the fastest principle. The potential of mind is least realised and people think of big life. The optimum use of mind is the first thing that is required. We want to reach the moon, the stars and so on without doing the basic thing. Mind is magic. Instead of transcending mind, the Masters of Wisdom today (today means 5000 years ago), they wanted to bring down, with the ability of your mind, the Most High from the higher systems (solar and planetary) and distribute its abilities to the surroundings. The mind can do it. For a person who cannot use the given facility, he is not given the higher facility. That is why the slogan today is, "Kingdom of God upon earth." Being on earth, make this earth beautiful, make it heaven. It is supporting you. Make it beautiful by bringing the higher intelligences up to mind and through mind transmit it to the surroundings. That is why man is seen as the best mediator in creation. He can mediate with the higher system, relate with it and bring things from there and distribute them over here and make this beautiful. That is what the Masters of Wisdom are engaged with. That is their work to beautify this earth. We live here. We cannot just throw all plastic around and get away. It is a debt to be cleared.

So the process today is not to strenuously move to upper circles but to bring down that which is present in the upper circles to the lower circles. It is due to the ability of mind. Mind is magnet. You make the magnet so very vibrant and orient it to subtle planes; it can draw things from the subtle plane. The same mind when oriented towards the mundane plane attracts mundane things.

A man who is successful in the world, it is because of his mind. His mind is so very magnetic and electrical that he draws that which he requires from the surroundings so that he gets lot of worldly fame and name. If you shift the same mind the other way, you tend to be a white magician. That is white magic. If you are always engaged with the world and worldly things and if your mind is a magnetic one, you will draw much from the surroundings. If your mind is not magnetic, you will not be drawing much from the surroundings. That's when we say one is not successful. What is success?

Success is the degree of magnetism that man carries along with his mind by which he attracts persons, resources and intelligently utilises them to grow big. One who does not know how to fulfil in this world cannot think of fulfilment in the other world. Such is the mind. Normally in theologies mind is condemned but not in occultism, not in Raja Yoga, not in the true path of Yoga. Without mind, you cannot do anything. Can a mad man do anything? You take out mind, man is just a beast. Mind is a facility.

This path of Yoga is a path of Raja Yoga. That is why Master CVV introduced Yoga in the month of Gemini, where the mind is dominant. The wisdom is how to train the mind, how to use it for here and hereafter.

You all know the story of Ramakrishna. The Mother asked him, "Would you like a divine mind or mundane mind?" He replied with a question "Can't I have both?" "Of course, you can have both", she said. She only proposed an alternative. She never said that the two are not compatible. They are very compatible. When the 2 minds are equally functioning, then he is called a Raja Yogi. Raja Yogi means, one who lives in fulfilment in the world and the world beyond. He is both with the divine and in the world. He matters in either world. When the super mundane mind and mundane mind are both active, one is said to be a Raja Yogi. He is an active worker in this world and also an active worker in the other world. That is how this Yoga is. All this is not beyond mind or not something mystical. It is just a matter of practice that enables you to fulfil the worldly life and to fulfil the soul life. The soul is experiencing in all planes. Therefore let not mind be condemned, let not mind be neglected.

All education is aimed at a constructive development of mind. This is the Oxford definition for the word education. How constructive or how destructive is our mind? Do we genuinely believe in the well-being of others? Do we carry jealousy with us? Do we have egoism? We have to see and eliminate through certain practices. Egoism is the first factor that hinders the mind. Egoism is common because ignorance is common. Egoism leads to pride. Only because one has too much pride, one is too much self-conscious of himself. In his mind, he always entertains an idea that others are observing him, so he has to behave according to their liking. It is not a natural way of living. We are living according to the opinion of others. That is, he always thinks of himself. It is excessive self-consciousness making one proud. When you have pride, there is the twin brother prejudice, and prejudice leads to judgement of others. If a man is judging other persons, that man is said to be suffering from pride. It is only the pride that makes you criticise and judge others. That is how people suffer of their own opinions, own pride and separateness. The other aspect affecting mind is desire. Mind desires from the world and from the subtle world. It has the desire as the basis. I explained the importance of desire in the morning. But when this desire is in the hands of diabolic energy, it works in one way; if it is in the hands of divine energy, it works in the other way. That is where the Masters of Wisdom wanted to prepare the mind into a ten petals beautiful flower that can receive the best of the things. The mind can be receptive as well as transmittive. It plays the double role. So these Naras have become men. When mind is well utilised, you can realise that you don't die. You will always exist. This knowledge is very important. When this realisation happens, it is said to be victory.

Arjuna is called Vijaya. Vijaya means Victory. The victory is man knowing himself as an eternal being. Man knowing himself as Nara and realising that Nara as a replica of Narayana. That is what the Bhagavad-Gita speaks of. It intends bestowing victory on every being that carries the mind. It is not a religious book. It is a book relating to man and how man can transform himself. This work can be done at the mental plane. That is what Master CVV says that his work is at the mental plane. He does not accept emotions. Ones who work with Master CVV - all emotions are quickly evaporated.

Tomorrow as we walk into May Call Day, we will speak of the Master, the man and the mind. Mind is the playground where man and master should work together. If mind is transformed, the rest of the body can be transformed through the magnetism of the mind. That is why Raja Yoga commences with working with the mind and not with the body. That is why body postures are not considered important. A stable and comfortable mind is required for conducting the alchemy of Yoga. It need not be eternally stable mind. At the time of practicing it, you should have a comfortable mind. When such practices are carried out, the stability and comfort in mind is attained for higher duration. So that is the work every Raja Yogi does in relation to his student. Through the mental plane, he rectifies the emotional and physical plane.

When mind is put to transformations, the body is put to transmutations. Master promised that he would do it for us if we offer ourselves to him. We have many books and teachings but we are still unable to do it. Humans on account of their conditioned situation are unable to do it. Therefore Master decided that he would himself do it for us. He only asked us to offer ourselves for a while to him daily twice. Offer yourself and your mind to the Master. Just propose, "Master I offer myself to you. Do what is best. Do any kind of repair or alteration to the psyche that exists in the mind."

This is an advanced step, because generally the teacher gives the hints for practice and the student is expected to practice. The teacher does not practice for you. But here there is a Master saying that he will conduct for us. All that he asks for is cooperation for a while daily. So the work relating to the path of Yoga of Master CVV is all related to adjustments in the mind and through that man can experience all the 7 planes.

Thank you.